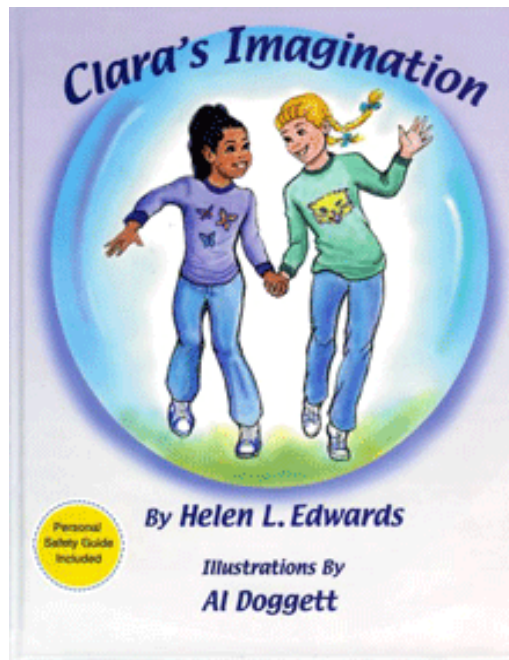


## CLARA'S IMAGINATION



### By Helen L. Edwards How The Book Is Organized

Page 8. **Clara's Imagination** (The Story) ISBN# 0-9765414-0-8

**Story Themes:** Friendship, identifying the difference between real and perceived fear, knowing and obeying your family's rules, expressing feelings, problem-solving, and talking to parent's when help is needed.

Page 31. Appendix A. **SAFETY TIPS AT HOME:** This section focuses on recognizing the difference between a real and perceived fear. It makes the point of how to effectively alert family and others when you feel threatened even from a trusted adult. Assertiveness skills are addressed in this section as a child's first line of defense against a child predator or abductor.

Page 32. Appendix B. **SAFETY TIPS OUTSIDE:** This section focuses on refusal and assertiveness skills that need to be employed when outside of the home if a child feels unsafe, threatened or compromised as it applies to a stranger or trusted adult.

Page 33. Appendix C. **SAFETY ACTION PLAN:** This section focuses on children understanding that they need to have a personal safety plan worked out with their parents ahead of time so that they can immediately use their personal safety skills in the event of an incident. In much the same way as we know our school safety plan in the event of a fire/earthquake/lockdown. We rehearse the skills ahead of time in the form of school drills. So in the event of an episode really happening students will know exactly what to do. The drill at home should be role playing all the family's personal safety rules.

Page 34. Appendix D. **KEY POINTS TO DISCUSS WITH YOUR PARENTS, TEACHERS, AND SCHOOL COUNSELOR:** This section focuses on not judging someone to be "safe" because of their appearance. This is even a difficult concept for adults. Instinctively, we all make judgments about people based on appearance. Safety rules do not change because the person looks nice or because it is a trusted adult telling you to do something you know is wrong or against your family's rules.

Page 35-39. Appendix E. **BE SAFE ROLE PLAY/SAFE CHOICES:** This section focuses on a variety of realistic role play scenarios at home and outside the home that could threaten a child's personal safety. The role plays give children an opportunity to practice their personal safety skills. Some of the role plays require the children to use assertiveness skills as well as refusal skills with an adult that is threatening their personal safety. This section gives children the opportunity to come up with their own possible safe choices; this section also provides safe choices for each scenario as well.

Page 40. Appendix F. **AUTHOR'S NOTE:** In this section the author shares a very brief personal account of her family abduction by her father resulting in a lost opportunity for her to ever know her mother. The message in this section is that even though parents sometimes make mistakes we still love them. Even when bad things happen in your life or in your family, you can still go on and perhaps help others. This would also be a good time to emphasize that there is always help available to us now if we are in a situation like the author or some other situation that we feel is not right or unsafe for us to be in.

Page 41-43. Appendix G. **NOTE TO PARENTS:** This section focuses on what parents should know and teach their children regarding personal safety including Internet safety.

Page 44. Appendix H. **FAST FACTS:** This section focuses on research conducted by the U.S. Department of Justice and the F.B.I. around child predators and child abductors in the United States.

Page 45. Appendix I. **RESOURCE GUIDE (MULTI-CULTURAL):** This section focuses on website resources available for the educational safety, emotional, and social health of the child.

## **SUPPLEMENTAL RESOURCE INFORMATION**

**CLARA'S IMAGINATION WEBSITE:** This is a child friendly website for students from second to sixth grade. There are print and play safety games on the website for the children related to the book, but even if they have not read the book they will still be able to play the games.

Website: [www.BrainCandyPublishing.com](http://www.BrainCandyPublishing.com)

**SCHOOLS CAN HELP FIND MISSING CHILDREN:** Suspect a child has been abducted currently attending your school or a new enrollee, call the Washington State Missing Children's Clearinghouse at 1-800-543-5678. Give all pertinent enrollment information found in the student's cumulative file. This clearinghouse is under the umbrella of the Washington State Patrol.

**DOES A SEX OFFENDER LIVE IN YOUR COMMUNITY?:** If you want to know if registered sex offenders live in your community, you can search for Level II and Level III sex offenders only on this website: [www.washingtonstate.gov](http://www.washingtonstate.gov)

**CONTACT INFORMATION:**  
Brain Candy Publishing  
[helen@braincandypublishing.com](mailto:helen@braincandypublishing.com)