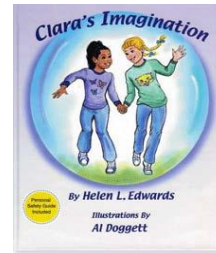


Lesson Plan 7



## The Internet Up Close and Personal

### Looking At The Internet Through My Own Eyes

**GRADE LEVELS:** 5-12

**BASED ON THE BOOK:**

**Clara's Imagination** by Helen L. Edwards

#### Appendix J.1. Internet Safety For Children And Teens

**FOCUS:** The focus of this lesson is on Internet Safety and helping students identify how they like to use the Internet.

**PURPOSE:**

- Students look at the Internet from a personal and intuitive perspective, in terms of what emotional and social needs it meets for them.
- Students recognize the benefits the Cyber World offers while maintaining **Universal Safety Rules**.
- Students understand as they travel the information highways that it is their responsibility to be good cyber citizens as it relates to their online behavior.

**OBJECTIVE:**

- ❖ Students will learn their role in helping to keep them safer while online. Using the **“How Do I Like To Use The Internet?”** handout will afford them the opportunity to take a critical look at their approach to how they access and use technology in their daily lives. Perhaps they might want to re-think some of the behaviors they engage in while online.

**MATERIALS NEEDED:**

- ✓ The book **Clara's Imagination** by Helen L. Edwards
- ✓ Handouts: **“How Do I Like To Use The Internet?”** and **“Universal Safety Rules”**
- ✓ Paper or journal
- ✓ Pen and pencil
- ✓ Chart paper

**PRE-READING:** You have already read **Appendix J.1. in lesson 5**. Now the focus is on using the Internet purposefully, using it as a tool and recognizing that it is a privilege.

And with privileges come responsibilities. Our emphasis is online Internet safety, examining our habits online, as we use the Internet. Review and read the two handouts and instructions thoroughly prior to teaching this lesson. Decide what real world examples you might want to use to illustrate the various aspects and points of view regarding this lesson.

**TEACHERS'S NOTE:** Begin today's lesson by passing out the handout "How Do I Like To Use The Internet?" to the entire class. Allow students time to read and answer questions independently. Before the students begin

**1. Say -**

- **Class this survey is strictly for your use and knowledge only. I will not collect the information you have written down. The purpose of this survey is to get you thinking about how you use technology and the Internet specifically.**

Students need not be passive in the type of habits they are developing around the use of the Internet or technology in general. There is a psychology to everything we do. We want students to be as aware as possible about the habits they are forming when they reach for that cell phone, laptop, or whatever the digital device of their choice is. They need to start thinking about what unmet need am I trying to meet. As they begin to focus on how they use the Internet and or technology, and examine how the Internet or technology plays a role in their emotional fulfillment. They will begin to decipher and answer what role technology plays in meeting perhaps some of their conscious and subconscious needs, socially and emotionally. Students will spend some of their focused time thinking about how they tend to use the Internet from an emotional point of view. Do they find themselves accessing the Internet when they are feeling lonely, bored, want someone to chat with, or if they use it for entertainment like gaming, for online shopping or for planning a trip or vacation, or do they primarily use it for research. Once the class has completed the survey invite them to share their thoughts and feelings regarding the survey. They can be as general or as personal as is comfortable for them. Make that is clear, prior to student feedback and share out with the class.

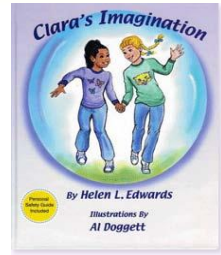
**2. Say -**

- **Class now that you all have had a chance to complete your own self-assessments regarding how you use technology, feel free to speak as generally or as personally as you comfortable regarding this exercise. Remember everything shared in this class should remain confidential and not shared with others outside of this class.**

**3. Ask:**

- **Have you ever asked yourself any of these questions or thought about your use of technology in these ways before?**

## Handout



### How Do I Like To Use The Internet?

Take some time to assess your computer usage profile.

Do you have your own laptop or computer or do you use a family or communal computer?

Write down the length of time you spend on the Internet. Time of day and how often during the day do you access the Internet?

Do you access the Internet from home only or do you use your cell phone, school computer, work computer or some other electronic device to access the Internet?

What sites do you frequent?

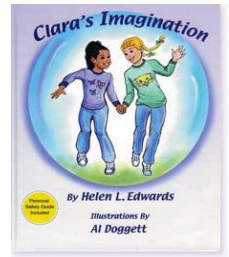
Do you have a Facebook, MySpace or some other social networking account?

Do you have more than one online profile?

Do you IM/and or Twitter?

What is the primary function of the Internet for you, research, entertainment, socializing on social networking sites, other?

Does your use of the Internet provide any emotional benefit to you, when you are bored, lonely, or just want to chat with someone?



The Internet is a wonderful tool to be used to research information, explore a variety of interests, for games and entertainment but only when used correctly by wisely following the **Universal Safety Rules** listed below. Everyone, including adults should follow these safety rules while online.

### Universal Safety Rules Handout

Never give out your passwords.

Never give out your address to a third party or anyone online.

Never give out your social security number always keep that private.

Never give out your birth date and or year.

Never give out your real name or your family's, siblings, parents.

Never give out your phone number(s) cell, home, some phones can locate you in the real world.

Never give out your or parents credit card numbers and do not use them online unless the site has https in the browser or an icon of a padlock. Those are security indicators which mean it is a secure website.

Never give out the name of your school.

Never give out the name of your neighborhood, city or town that you live in.

Never give out the name of the place where you or your family works.

Never give out information regarding where you work out or practice team sports or like to frequent.

Never give out the address to a party you are having.

Never give out your schedule.

Never give out pictures online that can identify where you go to school, work, shop or any place that can identify where to find you.

Never post pictures you would not want your mother, clergy, teacher or employer to see. The same goes for cell phones.

Never give agree to meet anyone you associate with online only, offline, in the real world. If you really want to meet the person, tell your parents and let them advise you. If you are an adult you need to inform another adult of your intentions and make sure they have the online person's contact information as well as yours. Check in with your friend before and after you meet the online contact.

Never respond to IM's or e-mails from online contacts you do not know.

Never write anything online that you might later regret, once you click send you can never get it back. Everything you write online is a permanent record. The same goes for cell phones and texting.

Allow the class time to process and begin to feel their comfort level in sharing with the whole class.

1. Based on the feedback generated chart some of the comments that you feel are noteworthy, summarize, and conclude the lesson.